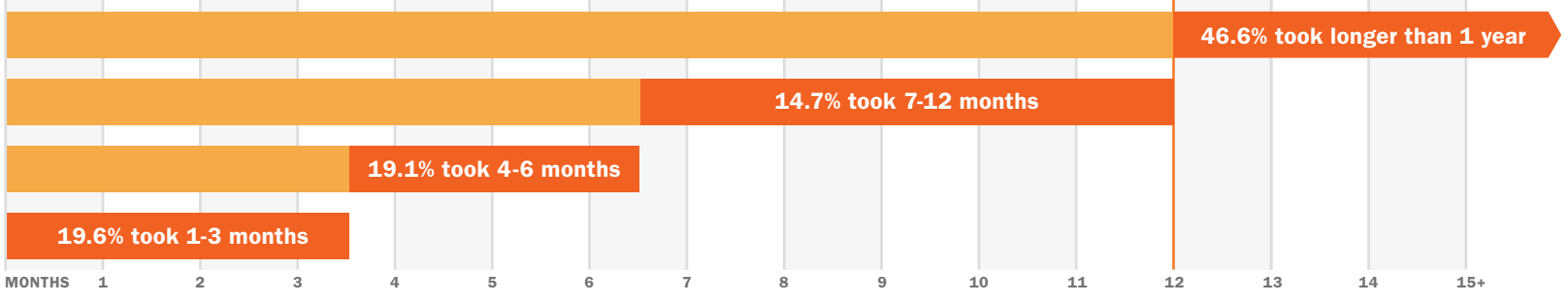


RHEUMATOID ARTHRITIS CLINICAL TRIALS: WHAT PATIENTS NEED YOU TO KNOW

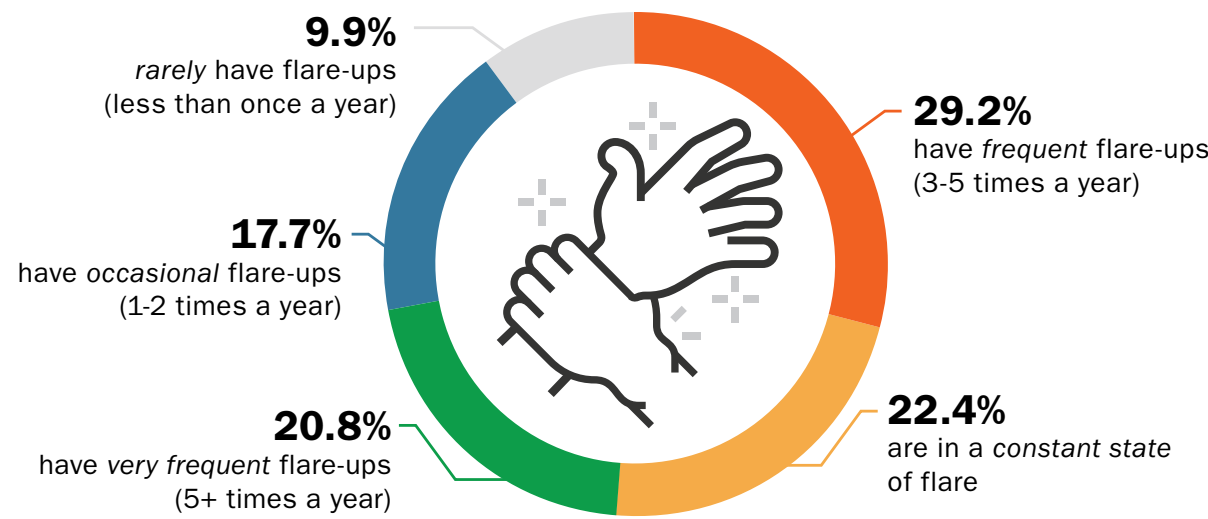
With support from [StuffThatWorks](#) and in conversation with [National Rheumatoid Arthritis Society \(NRAS\)](#), Advanced Clinical conducted a survey of over 200 patients with rheumatoid arthritis (RA). The results reveal opportunities to enhance patient engagement and provide greater support to those interested in participating in clinical research studies.



For Almost Half of Patients, It Took Over a Year to Be Diagnosed From the Onset of Symptoms



The Majority of Patients Experience Frequent or Constant Flare-Ups



Satisfaction With Current Treatments' Impact on Quality of Life Varies

- > 40.9% are moderately satisfied
- > 26.9% are somewhat dissatisfied
- > 16.6% are very satisfied
- > 15.5% are very dissatisfied

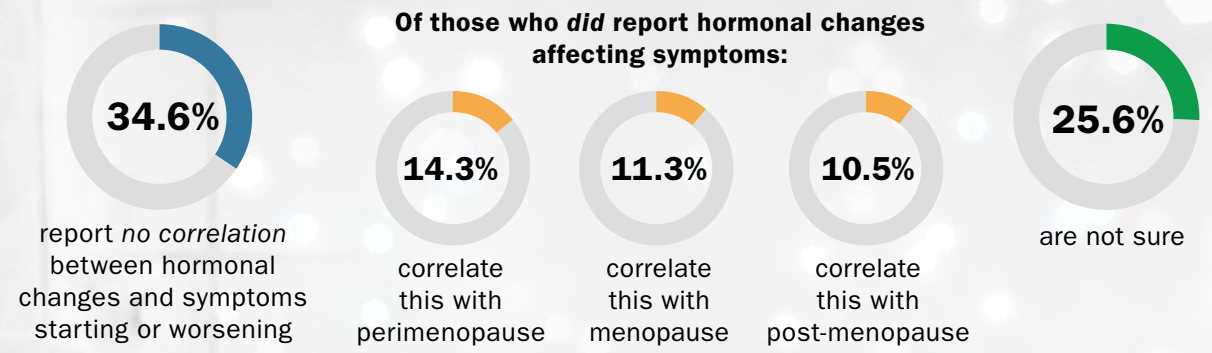


Most Patients Have Never Participated in Research

- > 52.3% have never been offered an opportunity to participate in a clinical trial
- > An additional 16.6% have been excluded from at least one study due to inclusion/exclusion criteria

Patients Are Split on Whether Hormonal Changes During Menopause Affect Symptoms or Treatments

60% of respondents assigned women at birth felt they were in a post-menopausal stage of life



For those that did report a change: 20.6% stated treatments became less effective, 14.3% needed to switch treatments, and only 4% felt that their treatments had improved or were equally effective prior to menopause.



Biomarker Testing Is Often Poorly Understood by Patients

- > 35.4% do not understand the role of biomarkers or have not discussed it with their primary healthcare provider
- > 33.9% have never had biomarker testing
- > 10.6% don't notice much impact on their treatment from biomarker testing
- > 10.6% find it somewhat useful
- > 5.3% do not find it useful
- > 4.2% find it extremely useful



When It Comes to New Treatments, Patients Value Effectiveness

- Patients rank the following factors as most important:
- > Effectiveness in reducing symptoms – 89.2%
 - > Fewer side effects – 66.2%
 - > Long-term safety – 56.4%
 - > Convenience – 36.9%
 - > How the drug is administered – 33.8%
 - > Cost and insurance coverage – 25.6%



Emotional Support Is Essential

- > 50.5% feel they do not receive enough emotional support at all in dealing with their RA
- > 25.8% receive enough support some of the time
- > 17.2% receive enough support most of the time
- > 6.5% are not sure



What Do Patients Need Most?

Patients ranked these factors in order of importance:

Get Expert Support for Rheumatoid Arthritis Trials

[Download Our Fact Sheet](#)

ABOUT ADVANCED CLINICAL

Advanced Clinical is a clinical development and strategic resourcing organization committed to providing a better clinical experience across the drug development journey. Our goal is to improve the lives of all those touched by clinical research – approaching each opportunity with foresight, character, resilience and innovation. Based on decades of experience, we help our clients achieve better outcomes by conducting candid conversations and anticipating potential issues through our customized solutions.

Visit our website to learn more: www.advancedclinical.com